

Iowa Methodist Occupational Health & Wellness

Medical Care for Work-Related Injuries

If You are Injured on the Job:

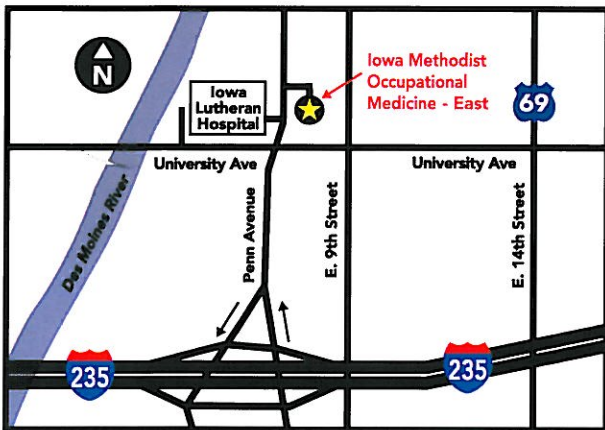
1. Notify your supervisor to report the injury.
2. Contact the nearest Iowa Methodist Occupational Medicine clinic.*
3. Provide your company name, the name of the injured employee, and the nature of the injury.

*After 5:00 p.m. and on weekends, visit an alternate treatment location listed below. If post-accident drug testing is needed, bring a drug test kit with you to the Iowa Methodist Medical Center lab.

Monday – Friday, 8 a.m. – 5 p.m.

Iowa Methodist Occupational Medicine - East (515) 262-7619 • Fax: (515) 262-8554

Penn Medical Place, 1301 Pennsylvania Ave., Suite 416
Des Moines, IA 50316



Iowa Methodist Occupational Medicine - West (515) 241-2020 • Fax: (515) 241-2040

Lakeview Medical Park, 6000 University Ave., Suite 124
West Des Moines, IA 50266



After Hours, Weekends, Emergencies:

Highland Park Family Physicians (515) 262-0404

1530 E. Euclid Ave.
Des Moines, IA 50313
No appointment needed:
Monday - Friday, 5 p.m. - 8 p.m.
Saturday, 8 a.m. - 8 p.m.

Lakeview Family Physicians (515) 241-2600

6000 University Ave., Ste. 101
West Des Moines, IA 50266
No appointment needed:
Monday - Friday, 5 p.m. - 8 p.m.
Saturday & Sunday, 9 a.m. - 3 p.m.

Iowa Methodist Medical Center (515) 241-6213

1200 Pleasant Street
Des Moines, IA 50309
Emergency room hours:
24-hours a day, seven days a week

Your Injury Treatment Plan:

- You and your employer receive a written summary explaining your injuries and treatment plan.
- If time off work or restrictions are necessary, your employer is notified.
- Treatment received at our alternate locations may require follow-up at our occupational medicine clinic.
- Our physicians may refer you to a specialist, such as a physical therapist or orthopedic surgeon.
- Your employer receives frequent updates and helps coordinate your return to work when medically appropriate.



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the better choice.

Occupational Medicine Clinics

A **Iowa Methodist Occupational Medicine - West**
(515) 241-2020
 Lakeview Medical Park, 6000 University Ave., Suite 124
 West Des Moines, IA 50266

E **Iowa Methodist Occupational Medicine - East**
(515) 262-7619
 Penn Medical Place, 1301 Pennsylvania Ave., Suite 416
 Des Moines, IA 50316

After Hours and Emergency Locations

A **Lakeview Family Practice**
 6000 University Ave., Suite 101
 West Des Moines, IA 50266
 (515) 241-2600

F **Highland Park Family Physicians**
 1530 E. Euclid Ave.
 Des Moines, IA 50313
 (515) 262-0404

D **Iowa Methodist Medical Center**
 1200 Pleasant Street
 Des Moines, IA 50309
 (515) 241-6213

Physical Therapy Locations

B **West - Outpatient Therapy**
 6001 Westown Pky, Suite 205
 West Des Moines, IA 50266
 (515) 224-5225
Hand Therapy, Suite 101
 (515) 224-5227

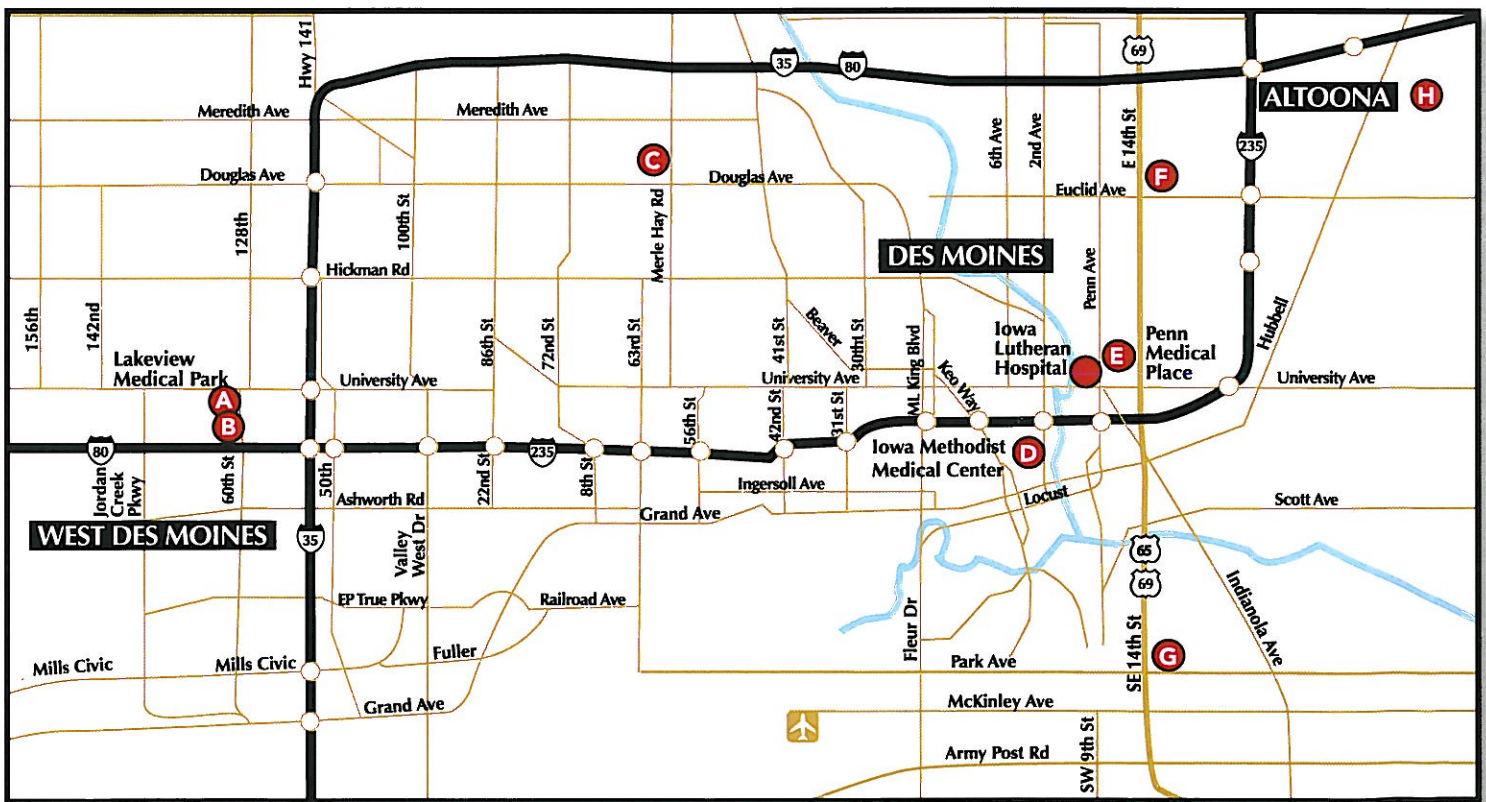
C **North - Outpatient Therapy**
 4020 Merle Hay Road
 Des Moines, IA 50310
 (515) 278-8444

D **Iowa Methodist Outpatient Therapy**
 1200 Pleasant Street
 Des Moines, IA 50309
 (515) 241-5284

E **Lutheran Outpatient Therapy**
 Penn Medical Place
 1301 Penn Ave., Suite 308
 Des Moines, IA 50316
 (515) 263-5143

G **South - Outpatient Therapy**
 7481 Highway 65/69
 Des Moines, IA 50320
 (515) 953-1300

H **East - Outpatient Therapy**
 2720 8th Street SW
 Altoona, IA 50009
 (515) 957-8609



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