

## Wellness Policy

Your child should not be in the nursery or child care if any of the following conditions exist:

**Fever:** Temperature should be below 100 degrees for at least 24 hours without medication.

**Runny nose with green discharge or a persistent cough:** Young children do not cover their mouths consistently or blow their nose effectively which can easily transmit cold germs to other children or staff.

**Diarrhea:** Free of loose stools for at least 8 hours, preferably 24 hours, **AND** be able to eat and drink normally.

**Vomiting:** No vomiting for 24 hours **AND** be able to eat and drink normally.

**Sore throat, unexplained rash, skin infection, or head lice.**

**Any infection that has not been treated with antibiotics such as strep throat or pink eye.**

**Our goal is to keep all children, staff, and volunteers healthy.** If your child is in the nursery or childcare and is exhibiting these symptoms, we will ask a parent to come and remove the child from the room.

**Thank you in advance for helping us** to make the nursery an illness free zone by keeping your child with you when they have these or any other contagious symptoms.

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