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Lutheran Church of Hope has compiled this list of resources to help anyone in our congregation find a Christian counselor in the Des Moines area. We refer people to counselors and counseling groups that we have met with and feel they share our mission, vision and values. This is not an extensive list – there are other viable options for counseling in our community.

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## **AGENCIES**

### **Family Legacy**

familylegacycounseling.com  
515-727-1338  
5415 NW 88th St., Suite 100  
Johnston

### **Heartland Christian Counseling**

\*\*Accepts Medicaid/Medicare  
Heartland-christiancounseling.com  
515-331-0303 or 866-852-4001  
6200 Aurora Ave., Suite 401 E  
Urbandale

### **Kingdom Counseling**

Kingdomcounseling.com  
515-601-0411  
1603 22<sup>nd</sup> St. Suite 200  
West Des Moines

### **New Hope Personal Growth Center**

grownewhope.com  
515-270-0200  
2670 106th Street #180  
Urbandale

### **New Life Counseling and Coaching**

newlife-counseling.com  
515-225-4006  
3737 Woodland Ave, Suite 430  
West Des Moines

### **River Roots Mental Health and Wellness**

Riverroots.net  
515-200-3770  
950 Office Park Rd, Ste 235  
West Des Moines IA

## INDIVIDUALS

### **Dr. Tracy Miksell-Branch, LISW, PhD**

doctracyscounseling.com

515-490-1921

215 SE Main St.

Grimes

### **Karen Bauerle, LISW**

515-267-1990

3636 Westown Parkway

West Des Moines

### **Kayla Davidson, PsyD**

\*\*Accepts Medicaid/Medicare

515-348-8258

Central Iowa Psychological Services

215 NW 18th St Ste 102

Ankeny, IA 50023

### **Dr. Dan Earle**

glenhavencounseling.com

515-225-2015

6907 Vista Drive

West Des Moines

### **Heather Hermanson, LISW**

Cultivatecaim.com

515-505-3321

1220 NE Station Crossing Dr

Grimes, IA 50111

### **Jami Lacona, LISW**

jamilacona@gmail.com

515-421-7891

3408 Woodland Ave. Ste 210A

West Des Moines

### **Jeni Nash, MSW, LISW, CADC**

Unity-hills.com

515-221-8194

2327 70<sup>th</sup> Street

Urbandale, IA

### **Faye Petersen, LISW**

515-267-1991

3636 Westown Parkway, Suite 219

West Des Moines

### **Dr. Cora Schuhmacher, PsyD**

doccora.com

515-777-3388

1045 76th Street, Suite 3030

West Des Moines

### **Sara Fleming, LCSW, LISW**

\*\*Private pay only, does not accept insurance

www.sarahflemingcounseling.com

**Telehealth only**

434-218-5326

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